Mission
The Center for Health Promotion and Disease Prevention is a collaborative transdisciplinary faculty that conduct translational research, training and outreach activities in close partnership with communities to improve health and prevent disease in vulnerable populations across the lifespan.
"Working in close collaboration with our community partners helps ensure that our research is grounded in the local community and can speed the translation of research findings into evidenced-based health promotion and disease prevention practice, programs, and policies."

A letter from the Director

WELCOME

It is a pleasure to present the first annual report for the Center for Health Promotion and Disease Prevention (CHPDP) in the College of Nursing and Health Innovation at ASU. The center was established in 2015 as a coordinated, transdisciplinary effort to support research, mentorship, and community engagement activities focused on improving health and preventing disease in vulnerable populations across the lifespan. Programmatically, the center is structured around four cores (see below) in order to carry out integrated activities that contribute to our overall mission.

As highlighted in this report, our first year was filled with accomplishments including 6 newly awarded contracts and grants, 44 peer-reviewed publications, the development of a dynamic website as well as social media presence, and the establishment of a Youth Advisory Board. These accomplishments are a strong testament to our talented faculty and dedicated staff who work to carry out the center’s mission. I invite you to look over our annual report and would love to hear any feedback, thoughts, or suggestions as we embark upon our second year.

Sincerely,

Gabriel Shaibi, PhD
Associate Professor and Southwest Borderlands Scholar
Director, Center for Health Promotion and Disease Prevention
The purpose of our research core is to conduct and disseminate extramurally-funded translational research focused on health promotion and disease prevention.

Research with Impact

18 Grants Submitted
6 Grants Funded

$9.3 million in total awards

44 Peer-reviewed Publications
2 Book Chapters
26 Abstracts & Presentations
Growing Productivity

Grants Submitted (Cumulative)

Publications (Cumulative)

26 National and International Presentations
Support the next generation of health promotion and disease prevention scientists.

The Center provides a variety of students with inter-professional mentorship. I am grateful for the range of expertise available to me and the high level training I receive here.

- Tara Perkins, PhD Student

The diversity in faculty and the transdisciplinary research conducted at the Center provide exceptional opportunities for trainees to engage in meaningful, applied research experiences. The Center is dedicated to partnering with the community to improve health, and modeling this commitment to building community partnerships is a really influential part of the mentorship that center faculty offer.

- Dr. Erica Soltero
Post Doctoral Fellow

37 Trainees

- 3 Post Doctoral
- 25 Doctoral
- 1 Masters
- 8 Undergraduate
- 6 Honors

14 Publications with Trainees

11 Presentations with Trainees
Tara Perkins, a CHPDP Research Assistant and CONHI PhD student mentored by Dr. Felipe Castro, placed second in the Institute of Social Science Research (ISSR) poster competition! Her poster was titled *Using Integrative Mixed Methods to Assess the Relationship between Stress and Resilience as Mediated by Coping.*

Dr. Rodney Joseph, a T32 postdoctoral fellow mentored by Dr. Colleen Keller, received funding from the National Heart, Lung and Blood Institute for his grant titled *Smart Walk: A Smartphone Physical Activity Program for African American Women.*

Jamie Karch, a CONHI and Barrett Honors undergraduate student mentored by Dr. Gabriel Shaibi, was accepted into the Initiative for Maximizing Student Development program funded by the National Institutes of Health. She also received the Sun Devil Family Association Scholarship, which is awarded to students who demonstrate great commitment to both their community and education.

Tatianna Alvarado, an undergraduate nursing student mentored by Dr. Gabriel Shaibi, received the Sun Devil Family Association Scholarship. She was awarded the scholarship due to her outstanding record of community service and commitment to her education.
Community Engagement
Engage local community members, agencies, and stakeholders to increase community collaborations and visibility.

Growing Through Partnerships

Our Coordinator of Community Engagement, Estela Barraza, worked to establish connections throughout the local community this year. She represented the Center at multiple events including the Valle del Sol Profiles of Success Annual Luncheon, the Hispanic Women’s Corporation Annual Luncheon, the 2nd Annual Arizona Health Equity Conference, and she was an invited speaker at ASU’s Cesar Chavez Leadership Institute Devils in Training event.

Dr. Gabriel Shaibi presented at the Phoenix Health Equity Roundtable.

Dr. Linda Larkey was an invited speaker at the Colon Cancer Alliance.

Dr. Elizabeth Reifsnider participated in the AZ Community Health Worker Leadership Council and Workforce Coalition meetings at the Arizona Department of Health Services.

The Center’s Youth Advisory Board volunteered at the St. Vincent de Paul community garden.
What is the CHPDP Youth Advisory Board?

Our Youth Advisory Board is a scientific advisory, service-learning, and leadership development program where youth, between the ages of 13 and 17, serve as advisors and ambassadors to the Center’s faculty, mentees, and staff.

“It [Youth Advisory Board] taught me that what’s important can’t always be graded on a rubric scale...sometimes what’s important is the result in the long run or a goal overall and how we can apply it to help our community.” - YAB member

6 Board Members
4 female and 2 male, ages 14-17

11 Board Sessions
Held bi-weekly for 2.5-5 hours.

1 Demonstration Project
Promoting sleep to reduce stress in teens.

Discussed Topics
Training  Education  Leadership  Research Design  Implementation  Delivery  Dissemination
Visibility

The Center worked to enhance both its local and national recognition through visibility efforts.

<table>
<thead>
<tr>
<th>CHPDP Activities Featured in ASU NOW</th>
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<tbody>
<tr>
<td>Obesity Solutions announces winners of seed funding competition</td>
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<tr>
<td>ASU prof to receive award for service to an underserved population</td>
</tr>
<tr>
<td>ASU student focus on Latinos in fight against diabetes</td>
</tr>
<tr>
<td>Arizona State University and Mayo Clinic join forces to help breast cancer survivors find their way back to wellness</td>
</tr>
<tr>
<td>ASU investigators are part of a group studying how Tai Chi can help ease post-cancer treatment symptoms</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CONHI Newsletter Features</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arizona State University Associate Professor to receive award for service to underserved population</td>
</tr>
<tr>
<td>NIH commits funds to prevent diabetes in Latino youth</td>
</tr>
<tr>
<td>Scientists searching for new ways to increase healthy behaviors and reduce health disparities</td>
</tr>
<tr>
<td>Exciting news on Tai Chi and cancer survivors</td>
</tr>
<tr>
<td>ASU, Mayo Clinic launch post-cancer fatigue study</td>
</tr>
</tbody>
</table>

Center Website:  https://chpdp.asu.edu

Social Media:  Find us on  Facebook  Twitter  @ASUCHPDP
2016-17 Areas of Focus

**Research**
- Increase number of affiliated faculty.
- Grow research portfolio.

**Training & Mentorship**
- Expand training and mentorship opportunities for students and junior faculty.

**Community Engagement**
- Develop Community Advisory Board.
- Increase the number of Youth Advisory Board members in order to inform research in the center, and positively impact the community.

**Visibility**
- Broaden local and national recognition of our work.
Appendix

A. Cumulative Academic Products Report

B. Monthly Meeting Minutes

C. Youth Advisory Board Final Project Handout
A. Cumulative Academic Products Report
2015-2016 Cumulative Report
Activity Period: May 2015 to May 2016

RESEARCH

GRANTS SUBMITTED (18)

R01 Coregulation of Emotion in Marriage: Basic Processes and Living With Cancer.

R15 Tai Chi Easy for Balance and Gait for Parkinson’s Disease.
To test standardized TCE for specific gait parameters and balance compared to stretching control group.

R01 A nonpharmalogical, compassion-based biobehavioral intervention to reduce treatment-induced symptoms and increase quality of life in cancer survivors.

F31 Physical Activity Resources, Parenting Practices, and Hispanic Children’s Physical Activity
PI: Amy Hutchens, Mentor: Rebecca E. Lee. Submitted August 2015.

U01 Partnering for PA in Early Childhood: Sustainability via Active Garden Education
PI: Rebecca E. Lee, Co-I: Gabe Shaibi. Submitted August 2015.

Mayo Clinic Arizona Health Equity Research Institute: Viva Maryvale Family Centered Diabetes Prevention – Environmental and Social Resources Component

U54 Community-Based Precision Medicine Research: Implementation, Discovery, and Evaluation.

STTI/AADE Foundation Grant for 2016: Sleep, depression, and glycemic control in Korean Americans with type 2 diabetes.

R21 Using technology to improve food literacy among food bank clients.

R01 Compliance for Preventing Childhood Obesity through Early Feeding and Parenting Guidance.

R13 Partnering to Promote Sustainable Obesity Reduction in Latinos.

NSF Chinese Child Feeding Beliefs and Practices
U54 NIMHD – Project 2 - Multi-Level Diabetes Prevention Intervention for Latino Youth

R15 A Promotora-to-Mother Motivational Interviewing Intervention to Limit Children’s Low Nutrient Simple Carbohydrate Intake.

R01 Oncology Clinicians’ Receptivity to CAM Communication Interventions.

R15 Tai Chi Easy for Balance and Gait for Parkinson's Disease.

R15 Effects of Digital Storytelling for HCT patients and caregivers.

R21 Assessing the Food Environment of People with Mobility Impairments.

GRANTS FUNDED (6)
1R01CA182901-01
Title: NIH/NCI Effects of Meditative Movement (Qigong/Tai Chi Easy) on Fatigued Breast Cancer Survivors.
Testing effects of Qigong/TCE breast cancer survivors’ fatigue and other symptoms with a 3-group randomized controlled trial, QG, sham QG, and educational control (no exercise).
PI: Linda Larkey. 5/1/2015 – 3/31/2020
Award amount: $3,739,318

Arizona Department of Health Services
Title: ¡Viva Maryvale! Family Focused Diabetes Prevention
PI: Gabriel Shaibi. 09/1/2015 – 08/31/2016
Award amount: $75,000.

Mayo Clinic Office of Health Disparities Research
Title: Mapping Health Promotion and Disease Prevention Opportunities in Maryvale, AZ
Develop a smartphone application using Geographical Information System (GIS) mapping to identify physical and social supports for health promotion and disease prevention in Maryvale, AZ.
PI: Gabriel Shaibi. 10/12/2015 – 09/30/2017
Award amount: $20,000

1R01DK107579-01 NIH/NIDDK
Title: Preventing Diabetes in Latino Youth
This study will test the effects and estimate the cost-effectiveness of a culturally-grounded community-based lifestyle intervention on type 2 diabetes risk among obese Latino adolescents with prediabetes.
Award amount: $3,061,203
Virginia G. Piper Foundation/ASU Obesity Solutions
Title: Association of Infant Feeding, Maternal and Infant Microbiota, and Infant Temperament
PI: Elizabeth Reifsnider
Award amount: $5,000

U01 MD010667-01 NIH/National Institute on Minority Health and Health Disparities
Title: Partnering for PA in Early Childhood: Sustainability via Active Garden Education
PI: Rebecca Lee. Co-I: Gabriel Shaibi. 04/01/16 – 11/30/16.
Award amount: $2,435,310

ACCEPTED PUBLICATIONS (44)


Larkey LK, McClain D, Roe DJ, Hector RD, Lopez AM, Sillanpaa B, Gonzalez J. Randomized controlled trial of storytelling compared to a personal risk tool intervention on colorectal cancer screening in low-


Reifsnider E, Garcia AA. What’s in a name? Does population health have the same meaning for all stakeholders? *Public Health Nursing*. 2015 May-Jun; 32(3):189-90. doi: 10.1111/phn.12202


**BOOK CHAPTERS (2)**


ACCEPTED PRESENTATIONS/ABSTRACTS (26)


Kaur M, Bruening M, Williams AN, Shaibi GQ. Changes in Dietary Behaviors and Anthropometrics Following Lifestyle Intervention among Obese Latino Youth with Prediabetes. Obesity Week 2015, Los Angeles, CA, November 3-6, 2015.

Keller C. Thinking about women and culture in Health behavior interventions. Fall 2015 Health Equity Lecture Series, ASU Southwest Interdisciplinary Research Center (SIRC), Phoenix, AZ, October 21, 2015.


Lee RE. Developing multinational collaboration to promote sustainable health: Lessons learned from research, policy and practice. Invited speaker at the American Academy of Health Behavior’s (AAHB) 16th Annual Scientific Meeting at the Sawgrass Marriott Golf Resort and Spa in Ponte Vedra Beach, Florida, February 21-24, 2016.

Lee RE. Sustaining Health in an Obesogenic Environment: Lessons Learned from Research, Policy and Practice. Brennan and Smith Lecture Series, Department of Health and Human Performance, Texas State University, October 13, 2015, San Marcos, Texas, USA.


Lyles AA, Lee RE. *Adolescent boys’ reactions to using avatars to represent their bodies.* Presented at Arizona Nurses Association Biennial Convention, Chandler, AZ, September 23-25, 2015.


Zemick K, Benitez T, Keller C, & Tasevska N. Socio-cultural factors to decreasing added sugars intake in low-income Mexican-American women-A focus group study. The Obesity Society’s Annual Scientific Meeting at Obesity Week 2015, Los Angeles, CA, November 2-6, 2015.

**SERVICE**

**Elizabeth Reifsnider** - ZTR1 CI-0 01 1, CTSA Collaborative Innovation Award Pre-Application (X02) Special Emphasis Panel, NCATS/NIH

**Elizabeth Reifsnider** – Member, ASU/ Mayo Seed Grant Review committee. On-going this fall, committee has completed 2 levels of reviews.

**Elizabeth Reifsnider** - Appointed as Senior Sustainability Scientist, Julie Ann Wrigley Global Institute of Sustainability, ASU.

**Elizabeth Reifsnider** - Grant reviewer 2015/05 ZHD1 DSR-M (MV) 1, Special Emphasis Panel, P01 Research Program Projects, NICHD/NIH.

**Elizabeth Reifsnider** - Member, Arizona Health Improvement Partnership Obesity Taskforce.

**Elizabeth Reifsnider** - Consultant on a CDC grant to University of Minnesota (J. Fulkerson PI), SIMMersion Childhood Obesity Prevention Training (2015-2017).

**Elizabeth Reifsnider** – CTSA Reviewer/ZTR1 CI-8(01), National Center for Advancing Translational Sciences Special Emphasis Panel, February 2016.

**Gabriel Shaibi** - Institute for Clinical and Translational Research - University of Wisconsin School of Medicine KL2 grant application review

**Gabriel Shaibi** - NIH Study Section – Community Level Health Promotion – Study Section grant review

**Gabriel Shaibi** – Moderated the 4th Annual Phoenix Children’s Hospital - Pediatric Obesity Symposium on March 7th at Scottsdale Plaza and Resort.
Gabriel Shaibi - Health Equity Roundtable Presentation


Rebecca Lee – Received a SUN Award for her commitment to assisting Barrett students in their studies at ASU. Presented by Shannon Ringenbach on February 15th, 2016.

**COMMUNITY ENGAGEMENT**

Elizabeth Reifsnider - Participated in the AZ CHW Leadership Council and the AZ CHW Workforce Coalition meetings at ADHS on March 3, 2016.

Estela Barraza - Invited to the Valle del Sol Profiles of Success Annual Luncheon, 9/13/2015. Purpose of Coordinator of Community Engagement (CCE) Attending: Center Visibility among Hispanic Leaders in AZ.

Estela Barraza - Invited to the Hispanic Women’s Corporation Annual Luncheon, 9/25/2015. Purpose of CCE Attending: Center Visibility among Hispanic Leaders in AZ.

Estela Barraza - Attended the 2nd Annual Arizona Health Equity Conference on October 29th, 2015

Estela Barraza - Invited guest speaker to ASU’s Cesar Chavez Leadership Institute Devils in Training on January 30th 2016. Presentation title: Healthy Heart + Healthy Mind: A Recipe for Student Success

Estela Barraza - Established a connection and meeting with Dr. Nanez, ASU President’s Professor and EOSS Executive Director


**MENTORSHIP**

Our Research Center Community Liaison and undergraduate student, Tatianna Alvarado, undergraduate student Jamie Karch and Dr. Gabriel Shaibi were featured on ASU News in the article *ASU students focus on Latinos in fight against diabetes*. The article focused on Tatianna and Jamie’s involvement with Dr. Shaibi’s “Every Little Step Counts” study. [https://asunews.asu.edu/20150929-nursing-diabetes-prevention-latinos](https://asunews.asu.edu/20150929-nursing-diabetes-prevention-latinos)

Students Estela Barraza and Jamie Karch attended the Big Ten+ Graduate Exposition at Purdue University October 4-5. Both Estela and Jamie received travel grants to attend the expo and used the opportunity to identify potential collaborators for future research projects.
Tara Perkins, a CONHI Graduate Student and CHPDP Research Assistant, placed second in the Institute of Social Science Research (ISSR) poster competition! Her poster was titled “Using integrative mixed methods to assess the relationship between stress and resilience as mediated by coping”.

B. Monthly Meeting Minutes
<table>
<thead>
<tr>
<th>TOPIC</th>
<th>DISCUSSION</th>
<th>PLAN OF ACTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Updates</td>
<td>Name/Tagline</td>
<td>• Participate in Survey Monkey regarding the center tagline</td>
</tr>
<tr>
<td></td>
<td>• The center’s new name “Center for Health Promotion and Disease Prevention” has officially been approved</td>
<td>• Mission and strategic plan will be defined and distributed to center members</td>
</tr>
<tr>
<td></td>
<td>• Center faculty should begin to include the center name in their affiliations on publications, grants, etc...</td>
<td>• Send ideas for College/personal faculty websites to Dr. Reifsnider</td>
</tr>
<tr>
<td></td>
<td>• A survey will be distributed for members to vote on/suggest taglines</td>
<td>• Send Dr. Shaibi and Casey current occupied space (personal office/research office locations) and indicate the following:</td>
</tr>
<tr>
<td></td>
<td>Mission/Strategic Plan</td>
<td>o Is this space sufficient?</td>
</tr>
<tr>
<td></td>
<td>• It was determined that the center’s mission and strategic plan should be defined and distributed to members</td>
<td>o What do you see your need becoming in the next 2-3 years?</td>
</tr>
<tr>
<td></td>
<td>Website</td>
<td>o Will your space needs increase, decrease or stay the same?</td>
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<tr>
<td></td>
<td>• Dr. Shaibi and Casey will be meeting with Beth Smith of the marketing department to develop the Center website</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Space</td>
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<tr>
<td></td>
<td>• It would be ideal for faculty to co-locate as much as possible</td>
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<tr>
<td></td>
<td>Bring new faculty into the Center</td>
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<tr>
<td></td>
<td>• Dr. Reifsnider to discuss at upcoming executive committee retreat</td>
<td></td>
</tr>
<tr>
<td>Community Engagement Activities</td>
<td>Presentation postponed to next meeting.</td>
<td>• For grants with community partnerships, consider writing in FTE for our Community Engagement Coordinator</td>
</tr>
<tr>
<td>Developing a formal mentoring program</td>
<td>Will be discussed next meeting.</td>
<td></td>
</tr>
<tr>
<td>Regular monthly meetings and report</td>
<td>A doodle poll will be sent out to determine the best day and time for monthly meetings.</td>
<td>• Participate in doodle poll</td>
</tr>
<tr>
<td></td>
<td>Monthly Report and CV updates</td>
<td>• Send your current CV to Casey</td>
</tr>
<tr>
<td></td>
<td>• Reports for Academic Assembly will be posted on Blackboard one week prior to the meeting</td>
<td>• Send any publications, presentations, awards, grants, etc... to Casey each month for inclusion in the Academic Assembly report as well as CV updates (consider forwarding any notifications of acceptance, submission, etc... directly to Casey when they are received)</td>
</tr>
<tr>
<td></td>
<td>• Casey will be generating the report each month for the Center</td>
<td>• Send any CV reformatting requests to Casey</td>
</tr>
<tr>
<td>TOPIC</td>
<td>DISCUSSION</td>
<td>PLAN OF ACTION</td>
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</table>
|                              | • Casey will send out a monthly call for items to include in the report  
• Casey will also update faculty CVs with new items/reformat if necessary                                                                 | • Send any suggestions for additional administrative support services to Casey |
| Administrative Support -     | Travel Requests/Expense Reports  
  • Submit initial request (preferably 2-3 weeks prior to trip)  
  • Submit expense report post travel  
  • Can be designated as travel arranger and expense delegate on ASU travel profile  
  • Provide training in ASU travel for new faculty/staff  
Purchase Requisitions/Reimbursements  
  • Business meal reimbursements for center faculty, staff, and guests  
  • Assist faculty with purchase requests for equipment and supplies for work space  
Manuscript Submissions  
  • Compare manuscript to author guidelines and make necessary edits  
  • Upload all documents to manuscript submission website; check each article for timely decision and track review status;  
    o create tracking spreadsheet for faculty scholarship  
    o create edit alert for faculty scholars on submissions  
EndNote/Refworks for manuscripts and grants  
  • Import citations  
  • Insert citations into manuscripts or grant applications  
  • Reformatting between various versions  
  • Create bibliographies or references cited pages  
Coordinating Guest Visits  
  • Develop itineraries (meetings, attendees, rooms, etc)  
  • Restaurant reservations  
  • Hotel accommodations  
  • Transportation to and from airport  
  • Greet/escort to meetings  
  • Honorarium / payment / reimbursement  
  • Write invite and thank you letters  
Scheduling meetings, room requests, teleconferences, and video conferences for center faculty and staff  
CV and biosketch updates for center faculty  
  • These will be used to submit monthly center reports for academic assembly |
<table>
<thead>
<tr>
<th>TOPIC</th>
<th>DISCUSSION</th>
<th>PLAN OF ACTION</th>
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</thead>
<tbody>
<tr>
<td>Personal Website Development</td>
<td>(Pending conversations with Liz and Evelyn)</td>
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<tr>
<td>Large-format Posters</td>
<td>• Creation in PowerPoint</td>
<td></td>
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<tr>
<td></td>
<td>• Coordinating printing</td>
<td></td>
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<tr>
<td>Miscellaneous administrative tasks</td>
<td>• Copying</td>
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<td></td>
<td>• Scanning</td>
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<td>•Faxing</td>
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<td></td>
<td>• PDF creation</td>
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<td></td>
<td>• Supply requests</td>
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<td></td>
<td>• Mailing / shipping</td>
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</table>
### Updates

**CONHI Retreat Update**
- 2 open rank faculty positions were approved
- The search committee will be Dr. Shaibi, Dr. Castro, Dr. Gerri Lamb and Dr. Nelma Shearer

**R13 Update**
- Will be submitted for ASU limited submissions

**Tupelo**
- The company produces wearable fitness trackers and would like to work with the Center

- Dr. Shaibi and Dr. Castro will work on a job description and circulate to the executive committee
- Dr. Lee to update CHPDP on the R13 submission
- Letters of support will be requested if ASU approves R13
- More information has been requested from Tupelo, a conference call may be arranged to discuss further collaboration

### Community Engagement Activities

presentation was given by Estela Barraza and Tatianna Alvarado.

- See PowerPoint slides for more information.

### Center Tagline

It was decided that the center tagline will be chosen once the center’s mission and strategic goals have been finalized.

- Dr. Shaibi will take the lead on drafting the Center’s mission and strategic plan

### Faculty Assembly Reports

- Casey will be collecting and formatting items for the report each month.
- Items to notify Casey of include presentations, publications, awards and memberships.
- We will be using the ORS SharePoint site to identify newly submitted grants.
- A draft of the report will be circulated the Wednesday before it is due for faculty to review.

- Forward any email notifications of accepted publications, presentations, awards, etc... to Casey for inclusion in the report.
- Respond with any changes or additions when the report is circulated for review

### Next Meeting

- The next meeting will take place Thursday, October 15th from 3:00-4:30pm in Health South (NHI-1) 470.
- An agenda will be circulated 1 week prior

- Send any items you would like to discuss at the next meeting to Casey by October 8th.
<table>
<thead>
<tr>
<th>TOPIC</th>
<th>DISCUSSION</th>
<th>PLAN OF ACTION</th>
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</thead>
<tbody>
<tr>
<td>Review Minutes</td>
<td>All attendees approved September 17, 2015 Minutes.</td>
<td></td>
</tr>
</tbody>
</table>
| Update on faculty position | - One open rank faculty position approved (no longer two)  
- Committee: Drs. Lamb, Shearer, Shaibi, and Castro  
- Currently awaiting solicitation approval by ASU to begin search | - Dr. Shaibi and Dr. Castro will circulate the job description to the executive committee upon ASU approval  
- Send targeted programs for solicitation to Stephanie Cameron by Friday Oct 23rd. |
| Grants Update | Dr. Castro  
- Robert Wood Johnson Grant researching “Theoretical Congruence and Sustainability of Local Adaptation Activities: Analysis and Recommendations” transferred and moving forward: 2 year study  
- Interested in new grants: Diabetes Prevention (R01 or R21)  
Dr. Larkey  
- Navigation from Community to Promote Colorectal Cancer (CRC) Screening in Underserved Populations (R01)  
- Awaiting Review: Communication between couples affected by cancer  
Dr. Lee  
- R13: due mid-November  
- Approval given from ASU program manager with indication of being too “top-heavy” with ASU faculty  
- Possibly add key community members or additional personnel with cost sharing efforts while being mindful of conflicts of interest?  
- Possible community entities for support: Community Gardening contacts, Departments of State/Health/Education, Head Start, St. Vincent De Paul, etc.  
Dr. Shaibi  
- Currently pending per 2016 budget  
- Decision should be January  
- T32 Renewal  
- Review week of Oct 19th | R13:  
- Dr. Lee to update CHPDP on the R13 submission moving forward  
- Letters of support will be drafted for partners (not key personnel) |
<table>
<thead>
<tr>
<th>Mission Statement and Strategic Plan</th>
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<tbody>
<tr>
<td><strong>Mission Statement</strong></td>
<td></td>
</tr>
<tr>
<td>- Basic, solid start, and based on ideas discussed (all agreed perfect start and exactly on point per previous discussions)</td>
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<tr>
<td>- Suggestions:</td>
<td></td>
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<tr>
<td>- Add impactful words to make it “sellable” as center evolves but keep for now</td>
<td></td>
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<tr>
<td>- Location leverage added (population served, Phoenix, specify local communities)</td>
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<tr>
<td><strong>Center Structure</strong></td>
<td></td>
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<tr>
<td>- Affiliated faculty and trainees to be determined as of yet</td>
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<tr>
<td>- Critical to identify connections, build and develop commonalities and facilitate conversations</td>
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</tr>
<tr>
<td><strong>Strategic Plan</strong></td>
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<tr>
<td>- Objective #1 (self-sustaining model of funding)</td>
<td></td>
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<tr>
<td>- Extramural funding to contribute to center RID account: how?</td>
<td></td>
</tr>
<tr>
<td>- Current ASU foundation monies encumbered for center</td>
<td></td>
</tr>
<tr>
<td>- Objective #2 (governance structure)</td>
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<tr>
<td>- How can we determine the center’s expertise, strengths, and common theme: create symposium or paper to establish team building, or start writing a center grant?</td>
<td></td>
</tr>
<tr>
<td>- Make center credible: Must move forward building cohesion of all cores while depicting uniqueness of the center to reviewers and community entities</td>
<td></td>
</tr>
<tr>
<td>- Review Mission Statement and edit/add if needed. Please return to Dr. Shaibi by Nov 9th</td>
<td></td>
</tr>
<tr>
<td>- Review strategic plan and provide feedback to Dr. Shaibi by Nov 9th.</td>
<td></td>
</tr>
<tr>
<td>- Kevin Bates to determine the mechanism for replenishment of RID funds to center (“refill” RID account by rerouting grant monies to center)</td>
<td></td>
</tr>
<tr>
<td>- Forward any email notifications of accepted publications, presentations, awards, etc... to Casey for inclusion in the report.</td>
<td></td>
</tr>
<tr>
<td>- Respond with any changes or additions when the report is circulated for review</td>
<td></td>
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<table>
<thead>
<tr>
<th>Faculty Assembly Reports</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>- Casey will be collecting and formatting items for the report each month.</td>
<td></td>
</tr>
<tr>
<td>- Items to notify Casey of include presentations, publications, awards and memberships.</td>
<td></td>
</tr>
<tr>
<td>- A draft of the report will be circulated the Wednesday before it is due for faculty to review.</td>
<td></td>
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<tr>
<td>- Send any items you would like to discuss at the next meeting to Casey by November 12th.</td>
<td></td>
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<table>
<thead>
<tr>
<th>Next Meeting</th>
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<tbody>
<tr>
<td>- The next meeting will take place Thursday, November 19 from 3:00-4:30pm in Health South (NHI-1) 470.</td>
<td></td>
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<tr>
<td>- An agenda will be circulated 1 week prior</td>
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<thead>
<tr>
<th>TOPIC</th>
<th>DISCUSSION</th>
<th>PLAN OF ACTION</th>
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</thead>
</table>
| **Administrative Requests** | Center Blackboard Organization Page  
- An organization page has been created for the Center on Blackboard  
- The page contains all Center related documents including agendas, minutes, reports and the mission/strategic plan  
- Center updates can be sent out as announcement through the page and all future minutes will be posted to the page on the Monday after the meeting  
Administrative Support  
- Please continue to contact Casey with administrative support requests  
- Examples include manuscript submissions, Refworks/EndNote, travel requests, room reservations, word processing/figure creation, CV updates |  
- Check the organization page for any Center related documents you might need  
- Inform Casey of any additional functions or documents you would like the page to include  
- Contact Casey with any administrative support requests. Please copy Dr. Shaibi on all requests  
- Let Casey know if there are any new skills or services you would like her to provide |
| **Center Recognition** | It is important to continue to acknowledge the Center on all grants and publications  
- The center name may still appear as “Center for Healthy Outcomes in Children, Teens and Families” due to OKED’s policies | Please continue to acknowledge the Center on all grants and publications |
| **Center Account and Individual RID/IIA Accounts** | Center Account  
- The center account is an ASU account which Kevin Bates has access to  
- The colleges contribution of RID for grants coming from the center will go to the center account to support center activities  
Individual RID/IIA Accounts  
- Individual accounts are controlled by Deb Fisher and ORS  
- Kevin Bates can show you how to view the balances for your individual RID/IIA accounts, but only Deb Fisher can tell you if the balances are correct  
- Accounts can be viewed through Advantage web reports and you may need to request access | Contact Kevin Bates if you would like him to show you where to view your individual account balances |
| Community Engagement: Pediatric CAB | • The Pediatric CAB is being led by Estela and is rapidly developing  
• Estela is currently working on recruiting 8 kids between the ages of 13-17 to start in the spring  
• Applications have been sent to community contacts and Estela is working on presenting the opportunity at various schools.  
• The Pediatric CAB will be a resource researchers can use to collect real time information from the community  
• Anel will be working with Estela, Dr. Shaibi and Dr. Keller to develop the center’s CAB. This will be comprised of adult community members and stakeholders.  
• Estela will keep all center members updated on the progress of the Pediatric CAB |
|---|---|
| Mission Statement and Strategic Plan | • A final version of the Center’s mission statement has been decided upon  

Mission Statement: The Center for Health Promotion and Disease Prevention is a collaborative transdisciplinary faculty that conduct translational research, training, and outreach activities in close partnership with communities to improve health and prevent disease in vulnerable populations across the lifespan.  
• Dr. Shaibi will continue to develop the strategic plan |
| Other Updates: Grants, Pubs, Presentations | Dr. Lee  
• The R13 has been submitted, Dr. Lee thanks everyone for their help  
• Her SAGE grant will be reviewed on 11/30  
Dr. Reifsnider  
• Dr. Reifsnider will be a reviewer on the next round of CTSA grants  
Dr. Shaibi  
• Dr. Shaibi was recently a reviewer on the CLHP study section and discovered that the significance and impact were viewed as more important than design  
Dr. Castro  
• Dr. Castro will be submitting a proposal to the Robert Wood Johnson funding opportunity “Evaluating High-Value Innovations from Low-Resource Communities” on 12/10.  
Dr. Keller  
• No update yet on the T32  
• Please continue to forward any email notifications of accepted publications, presentations, awards, etc... to Casey for inclusion in the academic assembly report.  
• Respond with any changes or additions when the report is circulated for review |
| Marketing          | • Dr. Shaibi has contacted Beth Smith to work on marketing for the center  
|                   | • Our goal is to internally and externally advertise and increase the center’s visibility |
| Next Meeting      | • There will not be a meeting on December 17th.  
|                   | • The next meeting is scheduled for January 21st from 3:00-4:30pm.  
|                   | • An agenda will be circulated 1 week prior  
<p>|                   | • Send any items you would like to discuss at the next meeting to Casey by January 14th. |</p>
<table>
<thead>
<tr>
<th>TOPIC</th>
<th>DISCUSSION</th>
<th>PLAN OF ACTION</th>
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</thead>
<tbody>
<tr>
<td>Reminders</td>
<td>Administrative Support</td>
<td>• Contact Casey with any administrative support requests. Please copy Dr. Shaibi on all requests</td>
</tr>
<tr>
<td></td>
<td>• Please continue to contact Casey with administrative support requests</td>
<td>• Casey can respond to requests for PDFs of publications</td>
</tr>
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<td></td>
<td>• Examples include manuscript submissions, Refworks/EndNote, travel requests</td>
<td>• Let Casey know if there are any new skills or services you would like her to provide</td>
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<td></td>
<td>room reservations, word processing/figure creation, CV updates</td>
<td>• Contact Anel with T32 administrative support requests.</td>
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<tr>
<td></td>
<td>• Casey is in the process of adding all faculty publication PDFs from the</td>
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<td></td>
<td>past year to the center blackboard page</td>
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<td></td>
<td>• Anel is providing support for the T32 and will be helping with the</td>
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<td></td>
<td>center community advisory board</td>
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<td></td>
<td>• Melissa is developing a visibility plan for the center and is working</td>
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<td></td>
<td>with marketing to create our center’s website</td>
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<tr>
<td>Papers</td>
<td>• Please continue to acknowledge the center on publications</td>
<td></td>
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<tr>
<td>Grants</td>
<td>Academic Assembly report</td>
<td>• Please continue to forward all acceptance notifications to Casey for inclusion in the Academic Assembly report</td>
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<tr>
<td></td>
<td>• An end of semester report was created and distributed to center faculty</td>
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<td></td>
<td>• The next Academic Assembly report will be created for the February 15th</td>
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<tr>
<td></td>
<td>meeting</td>
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<tr>
<td>Faculty Search</td>
<td>3 candidates are being interviewed for the position</td>
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<tr>
<td>Update</td>
<td>• Louis Brown, PhD</td>
<td></td>
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<tr>
<td></td>
<td>o January 25-26</td>
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<td></td>
<td>o Research examines how to improve the implementation quality of</td>
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<td></td>
<td>community-based interventions that promote mental and behavioral health</td>
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<tr>
<td></td>
<td>o Currently at The University of Texas Health Science Center at Houston</td>
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<tr>
<td></td>
<td>• Shelby Langer, PhD</td>
<td></td>
</tr>
<tr>
<td></td>
<td>o February 1-2</td>
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</table>
- Research focuses on families coping with chronic illness, such as cancer survivors and their caregiving partners, and children with gastrointestinal disorders and their parents
  - Currently at the University of Washington, School of Social Work
    - Karen Johnson, PhD, RN
  - Research focuses on adolescent health and public health nursing; promoting resilience and positive youth development and preventing health-risk behaviors through sport and physical activity
  - Currently at The University of Texas at Austin, School of Nursing

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<tr>
<th>T32 Renewal</th>
<th>It was collectively decided that it is not in our best interest to go forward with the T32 renewal.</th>
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<tr>
<th>Next Meeting</th>
<th>The next meeting is scheduled for February 18th from 3:00-4:30pm.</th>
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<tr>
<td></td>
<td>We will be meeting in Health South 292, a reminder email will be sent out the morning of the meeting.</td>
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<td></td>
<td>An agenda will be circulated 1 week prior</td>
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<td>Send any items you would like to discuss at the next meeting to Casey by February 11th.</td>
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<tr>
<td>Topic</td>
<td>Discussion</td>
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<td>-------</td>
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</table>
| Reminders | Administrative Support  
- Please continue to contact Casey with administrative support requests  
- Examples include manuscript submissions, Refworks/EndNote, travel requests, room reservations, word processing/figure creation, CV updates  
- Casey can use Weebly to create faculty websites  
- Anel is providing support for the T32 and will be helping with the center community advisory board  
- Melissa is developing a visibility plan for the center and is working with marketing to create our center’s website  

Papers and grants  
- Please continue to acknowledge the center on publications and grants  

Academic Assembly report  
- The next Academic Assembly report will be created for the March 21st meeting  
- Contact Casey with any administrative support requests. Please copy Dr. Shaibi on all requests  
- Let Casey know if there are any new skills or services you would like her to provide  
- Please continue to forward all acceptance notifications to Casey for inclusion in the Academic Assembly report |
| Youth Advisory Board | The YAB is a scientific, service-learning, leadership and advising program  
- Mission: mobilizing the next generation of scientists and community leaders  
- 3 sessions out of 11 have been completed  
- The first 3 sessions focused on educating the youth on the scientific method, credible sources and developing a hypothesis  
- Estela will continue to give updates on the YAB’s progress |
| Visibility Plan | Melissa has created a visibility plan for the center  
- The five areas of focus are  
  - Visibility – website, brochure, social media, newsletter  
  - Networking – meetings, advisory board  
  - Recruitment – both participants for research and new faculty and students in the center  
  - Funding – ASU/CONHI, grants, donors  
  - Dissemination – getting research outcomes to |
|             | Please send any accolades or announcement to Melissa for the “News” section of the website  
|             | Keep an eye out for the photo contest winner from the YAB |
| Faculty Search Update | • 3 candidates were interviewed for the position; Louis Brown, Shelby Langer and Karen Johnson.  
• The search committee will be meeting in the next 2 weeks to make a recommendation to the Dean |
|-----------------------|--------------------------------------------------------------------------------------------------|
| Supporting Junior Faculty | • Administrative support was offered to the junior faculty; Casey has begun assisting them with manuscript submissions, reimbursements, referencing, etc...  
• Dr. Shaibi and Dr. Coon are testing out a new mock review model to assist with their grant submissions |
| Center Cores | • The three major cores of the center are research, mentoring and community engagement  
• Dr. Keller is taking the lead on the community advisory board  
  ○ The purpose, mission and characteristics of the board are in the process of being defined  
• Dr. Castro is taking the lead on the mentoring core |
| Grants Update | • Dr. Lee  
  ○ Submitted an R21  
  ○ U01 received a “just in time” request, scored a 26, will know about funding in March but looks promising  
  ○ R13 review was pushed back to August  
• Dr. Reifsnider  
  ○ Received a seed grant from Obesity Solutions - Microbiome, Breastfeeding and Infant Mortality  
  ○ Submitting a proposal for funding opportunity Environmental Influences on Child Health Outcomes (ECHO) Pediatric Cohorts (UG3/UH3) |
| Next Meeting | • The next meeting is scheduled for March 17th from 3:00-4:30pm.  
• We will be meeting in Health South 470, a reminder email will be sent out the morning of the meeting.  
• An agenda will be circulated 1 week prior  
• Send any items you would like to discuss at the next meeting to Casey by March 10th. |
<table>
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<tr>
<th>TOPIC</th>
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<th>PLAN OF ACTION</th>
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</table>
| Reminders             | Administrative Support  
• Please continue to contact Casey with administrative support requests  
• Examples include manuscript submissions, RefWorks/EndNote, travel requests, room reservations, word processing/figure creation, CV updates  
• Casey is available to create faculty websites  
  o Initial meeting will take 1 hour  
  o Depending on amount of detail, your website will be up and running within 1-2 weeks  
  o Our goal is for every faculty member to have a website that can be linked from the CHPDP webpage  
Papers and grants  
• Please continue to acknowledge the center on publications and grants  
Academic Assembly report  
• Casey will begin to include both total and yearly grant award amounts on the Academic Assembly report | • Contact Casey with any administrative support requests. Please copy Dr. Shaibi on all requests  
• Contact Casey to schedule a meeting to discuss your faculty website  
• Let Casey know if there are any new skills or services you would like her to provide  
• Please continue to forward all acceptance notifications to Casey for inclusion in the Academic Assembly report |
| Faculty Search Update | • 2 candidates have been recommended to the Dean | • Dr. Reifsnider would like help identifying faculty mentors with expertise in adolescents and alternative schools |
| Center Website        | • Melissa has been working with Marketing to create the CHPDP website  
  • The website is close to being finished and will be launched by April 1st  
  • The homepage of the website will be used to spotlight a new center faculty member every couple of months; the first featured faculty member will be Dr. Castro | • Please send any accolades or announcement to Melissa for the “News” section of the website |
| Community Advisory Board | • Dr. Keller and Anel met with community leaders to receive input on what the community would want from the CAB  
  • It was suggested that the CAB be clear about what it is and what it will do for the community and also reflect the changing needs of the community |
<table>
<thead>
<tr>
<th>Section</th>
<th>Notes</th>
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</table>
| Youth Advisory Board     | • The YAB held their 5th meeting on Saturday March 12th  
• Shawn Youngstedt will be speaking to the youth about sleep and his research at the next meeting on March 26th                                                                 |
|                         | • Please consider attending the final YAB meeting where the youth will be demonstrating all they have learned through their presentations on Sleep and Stress  
• The final meeting is tentatively set for May 28th, 9-11:30am |
| Center Review and Productivity | • Per the new ABOR guidelines, the center will be reviewed every 5 years.  
• The first center review will take place Summer 2020  
• The goal is for the center to be competitive for a center grant within the 5 years  
• Per the productivity graphs that were distributed we are currently producing 2 grant submissions per month  
• Suggestions for increasing productivity  
  o Center pub log  
  o Write everyday  
  o Have mentees write articles  
• It may be useful for all faculty to have an updated ResearchGate profile  
• A center publication log will be created  
• Melissa and Casey will look into ResearchGate and give an update next meeting |
| Grants Update            | • Congratulations to Dr. Lee on having her U01 funded! |
| Next Meeting             | • The next meeting is scheduled for April 21st from 3:00-4:30pm.  
• We will be meeting in Health South 470, a reminder email will be sent out the morning of the meeting.  
• An agenda will be circulated 1 week prior  
• Send any items you would like to discuss at the next meeting to Casey by April 14th.
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<tr>
<th>TOPIC</th>
<th>DISCUSSION</th>
<th>PLAN OF ACTION</th>
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</table>
| Administrative      | **Support**                                                                                                                                                                                              | - Contact Casey with any administrative support requests. Please copy Dr. Shaibi on all requests  
- Contact Casey to schedule a meeting to discuss your faculty website  
- Let Casey know if there are any new skills or services you would like her to provide  
- Please continue to forward all acceptance notifications to Casey for inclusion in the Academic Assembly report |
|                     | Please continue to contact Casey with administrative support requests  
Examples include manuscript submissions, Refworks/EndNote, travel requests, room reservations, word processing/figure creation, CV updates  
Casey is available to create faculty websites  
- Initial meeting will take 1 hour  
- Depending on amount of detail, you website will be up and running within 1-2 weeks  
- Our goal is for every faculty member to have a website that can be linked from the CHPDP webpage; Casey can create a basic page using just your CV |
| Innovations in Nursing & Health Magazine | Melissa will be submitting applicable achievements for all center faculty by the June 1st deadline. |
| Google Scholar/ResearchGate | - A Google Scholar account would serve as a scholarly landing page that will connect others with your publications and help you track when your work has been cited both in peer-reviewed literature and elsewhere  
- ResearchGate is a networking site for researchers that allows you to share publications, connect with colleagues, seek new collaborations, and ask questions of researchers with similar interests  
- For those who already have accounts, Casey and Melissa will manage them over the summer to determine how much upkeep is necessary. |
<p>| Center Website      | <strong>CHPDP Website</strong>                                                                                                                                                                                         | Send any news/accolades to Melissa for inclusion on the website                                                                                                                                               |
|                     | - The CONHI website has now been updated to include a link to the CHPDP website |</p>
<table>
<thead>
<tr>
<th>The faculty spotlight currently features Dr. Castro, a new faculty member will be featured in the fall. It was suggested that grants should be listed most recent to oldest on the faculty research page.</th>
<th>Review the revised CAB document and provide feedback to Dr. Keller.</th>
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<tbody>
<tr>
<td>Health@ASU</td>
<td>Community Advisory Board</td>
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<tr>
<td>Melissa is working on getting the center listed under “Health and Well-being”</td>
<td>The CAB document has been revised and Dr. Keller would like feedback on what organizations/type of people should be included in the CAB. Should it include community members, community stakeholders or both?</td>
</tr>
<tr>
<td>Dr. Youngstedt gave a presentation on sleep at the 5th YAB meeting and the youth completed a survey on sleep patterns. Dr. Arcoleo also met with the YAB and presented on ethics in human research. On April 30th the youth will be participating in a volunteer day at the SVdP community garden. They have been encouraged to bring a friend that would like to participate in the YAB next year.</td>
<td>Please attend the final project presentation, Tuesday, May 24th 4:00-5:30pm in Health North 105.</td>
</tr>
<tr>
<td>Final Project</td>
<td>Youth Advisory Board</td>
</tr>
<tr>
<td>The youth will present their final project to center faculty; faculty are encouraged to ask questions and give feedback. The final project will be presented at the next scheduled CHPDP monthly meeting, date TBD.</td>
<td>To aid center productivity, we will begin keeping track of manuscripts/grants in development and submitted. Casey will create a spreadsheet to track productivity. It was suggested that all center faculty should collaborate and submit an article together before the end of the year. Please send Casey all manuscripts/grants that you would like included on the tracking spreadsheet.</td>
</tr>
<tr>
<td>Productivity Measures</td>
<td>Next Meeting</td>
</tr>
<tr>
<td>Tuesday, May 24th 4:00-5:30pm in Health North 105. This meeting will be the final project presentation for the YAB.</td>
<td>Casey will send out an updated meeting invitation.</td>
</tr>
</tbody>
</table>
C. Youth Advisory Board Final Project Handout
4 areas of your health that sleep & stress can impact:

**Academic Performance: Lack of Sleep = Lack of Performance!**
- Losing sleep can decrease motivation & focus on tasks that require attention like reading or studying.
- Not enough sleep decreases the activation of the front part of the brain that is responsible for setting goals and being able to accomplish them.
- Need an A’? ... Get 8-10 hours of sleep per night!

**Physical Activity: A Good Workout = More Sleep & a Positive Mindset!**
- Reduces fatigue and improves alertness and concentration.
- Getting at least 150 minutes of exercise/physical activity (walking to school or playing sports) a week significantly improves sleep quality.
- Youth who are more active report better mental health than those who are less active.

**Nutrition: Eat Lightly Before Bed!**
- Make sleep quality better: Eat vegetables that contain magnesium like dark leafy greens and avocados.
- Foods like turkey or pumpkin seeds promote a protein component that promotes sleep by increasing serotonin and melatonin (chemicals that promote sleep).
- Going to sleep and waking late can lead to weight gain and obesity, especially if eating after 8 p.m.

**Self-Esteem/Emotional Wellbeing: Keep Calm & Catch Zzzz’s**
- Negative emotions, depression, or anxiety can make it harder to sleep.
- Not enough sleep negatively impacts overall well-being.
- Lack of sleep can lower your ability to control your emotional responses.
- Be Happy! You’ll Sleep Better ... You’ll Feel Better!